

**PARTNERS IN HEALTH**  
**STATE TRIBAL RELATIONS EVENTS 2018**

# **Suicide Prevention**

**HOSTED BY THE SOUTH DAKOTA DEPARTMENTS OF TRIBAL RELATIONS, HEALTH, AND SOCIAL SERVICES**



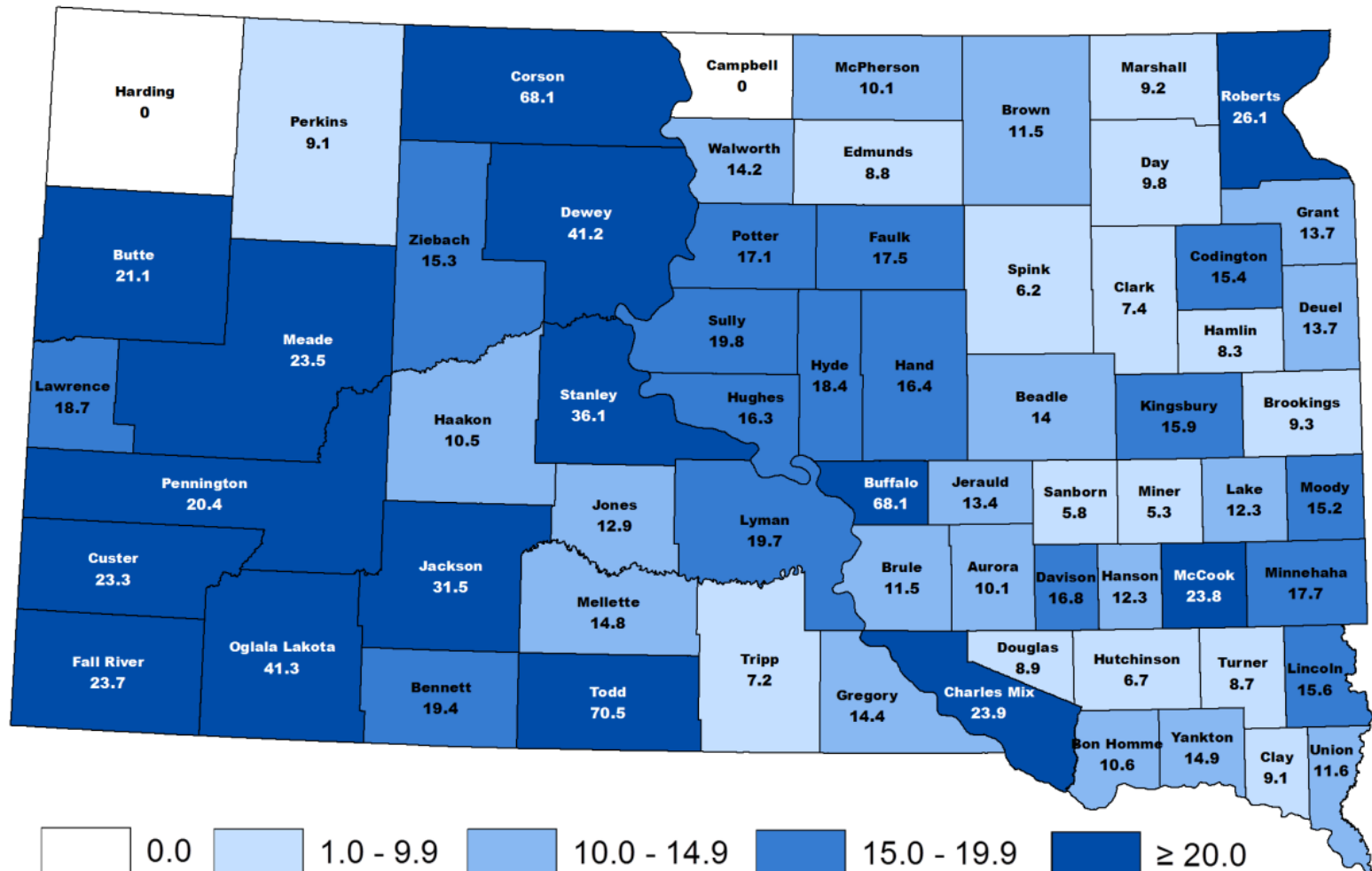
## **Suicide in South Dakota**

- Suicide rates are increasing in South Dakota
- With 161 suicides, SD had the **13<sup>th</sup> highest** suicide rate in the nation at 18.6 per 100,000 population for 2016 (U.S. rate – 13.9) and suicide was the 9<sup>th</sup> leading cause of death in SD
- American Indian suicide rates 1.8 times higher than White race rates in SD for 2004-2015
- Young men 19-21 years of age at highest suicide risk in SD
- Two SD counties rank in the top 1% highest suicide rate in the U.S.
- Suicide methods: firearms 51%, hanging 32%, poisoning 14%
- 16.1% of SD high school students seriously considered suicide; 11.8% of SD high school students planned suicide (2015)
- As of November 2017, the suicide death total for 2017 has surpassed the suicide death total in 2016

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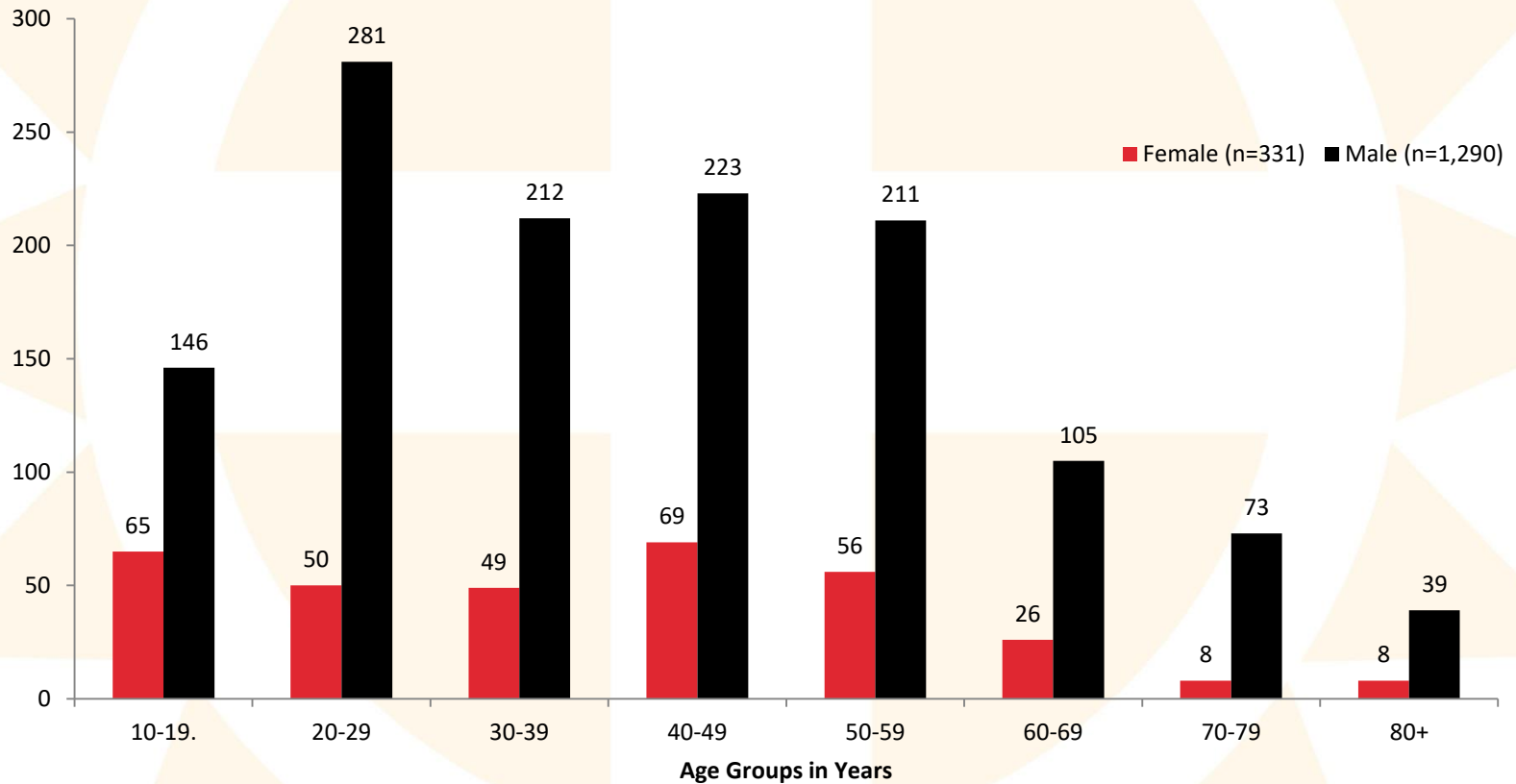
## Suicide Rates by County, 2004 - 2016



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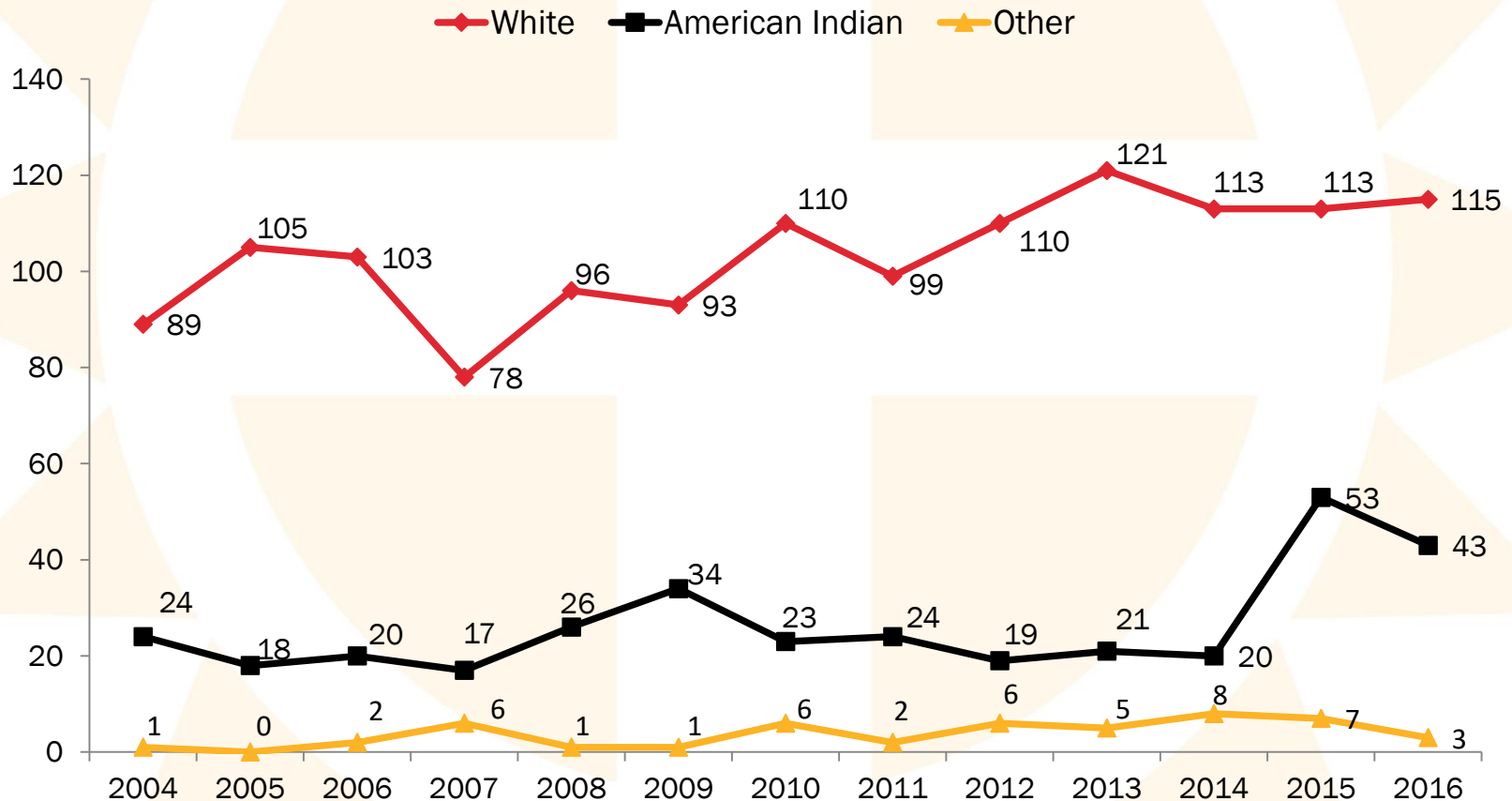
## SD Suicides by Age and Sex, 2005-2016



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## SD Suicide Death Counts by Race, 2004 - 2016



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## **Suicide Prevention Working Group**

- Interagency group including Lt. Governor, DOH, DSS, and Tribal Relations
- Guiding Principles
  - **Data** – use data for resource allocation and develop processes to share data in timely way
  - **Community Engagement** – Recognize need for effective community leadership on prevention and intervention efforts
  - **Prevention/Intervention** – Focus on evidence-based prevention and intervention including efforts such as reducing lethal means



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## Data

- Increase timeliness of death certificate reporting
  - Include information on timely reporting during coroner trainings
  - Offer assistance to county coroners to increase timeliness
- Monitor suicide data on monthly basis
- More timely ER and discharge data regarding self-injury
- Make data more accessible at county and community level





## **Community Engagement**

- Development of Suicide Prevention website
  - Information for professionals (counselors, clergy, ER personnel, 1<sup>st</sup> responders, schools, primary care providers, etc.)
  - Population-specific information (American Indian, college students, parents, seniors, teens, veterans, workplace, etc.)
  - <http://sdsuicideprevention.org/>
- Development of suicide prevention toolkits for communities
  - Includes statewide and community data, information on evidence-based prevention strategies, and steps communities can take to develop a community wide effort
  - Toolkits can be found on Suicide Prevention website
- Availability of technical assistance to communities
  - Helpline Center





## **Prevention/Intervention**

- South Dakota Youth Suicide Prevention Grant
  - Targets prevention efforts on youth/young adults 10-24
  - Crisis texting program for college-age youth (Text 4 Help)
  - Promote participation in a follow-up program for those hospitalized for suicidality
  - Awareness campaigns
  - Engage Suicide Prevention Community Coalitions
- Project Aware Grant
  - Supports Youth Mental Health First Aid trainings
  - 827 referrals have been made on youth by individuals that attended the training
- Screening, Brief Intervention and Referral for Treatment Grant
  - Primary Care Clinic Screening for mental health and substance use disorder concerns



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### **Prevention/Intervention**

- Raise public awareness about suicide and suicide prevention
  - Public awareness campaign on suicide prevention targeting school age youth
  - Beginning Spring 2018
  - Enhanced public awareness during Sept. 2018 for National Suicide Prevention Month
- Gun trigger lock programs



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## **Zero Suicide**

- Zero Suicide is a commitment to suicide prevention in health and behavioral health care systems, and also a specific set of tools and strategies. It is both a concept and a practice.
- 54 people participated from 13 organizations including 7 community mental health centers, Avera, Sanford, Regional Health, Our Home & Human Service Center, and Indian Health Services May of 2017



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## **For More Information**

South Dakota Suicide Prevention Website

<http://sdsuicideprevention.org/>



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